

[PORK CHOP HEALTHY RECIPE](#)



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Pork chops rubbed in rosemary and garlic, then cooked in balsamic are a great meal for a weeknight or for entertaining. Reduce the vinegar while the polenta simmers so the entire meal is ready and hot at the same time.
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This quick-and-easy pork chop recipe can be on the table in just 15 minutes. The chops are topped with an apricot-cinnamon glaze, grilled and then finished off with a sprinkling of fresh thyme.
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In this healthy oven-baked pork chop recipe, roasted apples and leeks lend a sweet-and-tart note. If you always chop the dark green tops off your leeks, don't discard them this time--they have a delicious flavor and become meltingly tender when roasted.
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